

WHEN GOD
CALLS, SAY
“YES!”



A PHYSICIAN'S EXPERIENCE
OF MYSTICAL GUIDANCE

ROD CHELBERG, M.D.

his pain. His bloodwork was all normal and he was eventually sent home in stable condition, quite relieved.

Don't be afraid

Once you've begun a mystical journey, don't go back, don't be afraid, and don't give up. The changes that you will experience are natural and are all part of your growth process towards illumination. As soon as you allow Christ to touch your soul, you are on the path of your resurrection. Ascend with Him above your limited ego consciousness. Your ego will begin to slowly die, a little each day, and you will be reborn into the new consciousness of God. This is the whole secret of our spiritual life: the acknowledgment of our Christ consciousness within as our individual being, our True Identity.

As you learn to remove your ego's veils blocking your divine light, you will become more brilliant and radiant. As a result of this illumination, you will see and hear much farther than you can with your limited human senses. Everything will become much clearer to you as well. As the darkness decreases, your peace increases; you are becoming free. Christ will never push you farther than you can handle; from my personal experience, He knows when to let me rest and when to push.

"Fear not that you will be abruptly lifted up and hurled into reality," the Course reassures us. And then Christ says, "God willed he waken gently and with joy, and gave him means to awaken without fear." [ACIM T – 16.VI.8:1; T-27. VII.13:5] Therefore we do not go straight from nightmares to reality, but rather move through several intermediate steps, which ACIM calls the happy or gentle dreams, until we remember who we are. The realization that this world we live in, that looks so real

to us, is merely a dream within our mind was incomprehensible to me at first. However, over the next ten years, I would learn to unlearn this dream and remember who I really am as an extension of God.

Over the course of several years, while seeing patients in the ER, I noticed a change in myself. My perception of the reality of any patient's problem changed. When I looked into their eyes, I could see a light within them. I was no longer distracted by the form that their illness took, no matter how severe it appeared to be. Because of this, I was calm and this calmness radiated to my patients. Within a short amount of time, everyone was at ease, smiling and sometimes laughing. I always considered my ER visit to be successful when everyone left in peace.

But what I was really starting to learn was that since I felt peaceful, confident and calm, I was able to step aside and remain centered in peace. Christ was then able to work through me, expressing His healing love to those around me. By allowing Christ's thoughts to flow through me, I learned that I could help facilitate healing in my patients. I also learned that by not reacting to the form of the illness, and treating it with some levity, my patients would relax. I would follow this levity with reassurances that their illness wasn't as bad as I initially thought, and that they would recover rather quickly. But even as I said these words, it was not me talking but rather Christ talking through me.

I learned to experience Oneness with my patients and know that they would be fine. I could feel God's Grace flowing through me to them, and experience their gratitude afterwards. They were at peace, meaning they could relax into Love's presence.

“Dr. Rod Chelberg’s exquisitely written memoir serves as a wonderful reminder that our spiritual path can bloom with grace and echo with laughter, as we remember the truth of who we are.”

— DANA MARROCCO PHD,
author of *Top Ten Lies We Tell Ourselves*



IN THIS remarkable spiritual memoir, a career physician tells the true stories of how he experienced explicit spiritual guidance — often feeling the presence of Christ right next to him — as he helped thousands of patients. Dr. Rod Chelberg shares how he was given the right information at crucial moments to aid healing, ease suffering, or prepare for death. These unforgettable reports can help us all remember that the reality of divine guidance is as close as our willingness to say “Yes!” when it calls to us.

• *With a foreword by Jon Mundy, Ph.D.*

DR. ROD CHELBERG, MD has been practicing different forms of General Internal Medicine for the past 28 years. During that time, he saw over 70,000 patients. He spent 14 years practicing emergency room medicine and was the medical director for several years at St. Joseph’s Hospital in Bangor, Maine. Following this, he became the medical director for four nursing homes within the Bangor region, as well as the medical director for Beacon Hospice, where he was responsible for 100 to 150 patients at any given time. Rod is currently retired from medicine and is now an adjunct faculty member at the University of Maine within the biomedical engineering program. He also lectures occasionally on the topics of mysticism with Dr. Jon Mundy. He has also been featured on Unity Radio, has given presentations on You Tube, and has also written several articles for *Miracles Magazine*.

